



Canadian Mental
Health Association
Ottawa
Mental health for all

Association canadienne
pour la santé mentale
Ottawa
La santé mentale pour tous

EXTERNAL POSTING

The Canadian Mental Health Association, Ottawa Branch (CMHA) is a private, non-profit charitable organization dedicated to promoting good mental health and improving the quality of life for individuals experiencing serious mental illness. The **Community Support Services** of CMHA provides outreach, long-term intensive support and housing to individuals with serious mental illness and substance abuse disorders who are homeless or at imminent risk of becoming homeless.

CMHA currently has a vacancy for the following position:

Registered Nurse Bilingual

Type of Position: Temporary Full-Time
Length of Term: Until July 15, 2023, with the possibility of extension.
Hours of Work: 35 hours per week, Monday to Friday, 8:30am - 4:30pm
Pay Rate: \$42.89 - \$45.08

ESSENTIAL MINIMUM QUALIFICATIONS:

Education: Completion of a Baccalaureate Degree in Nursing Science (BScN) is preferred.

Additional Certification:

- CPR certification within the last 12 months is essential.
- Current Canadian Psychiatric Mental Health Nurse Certification (Canadian Nurses Association) would be an asset.

Experience: A minimum of 4 years clinical experience working with individuals with severe mental illness in the community is essential. Additional recent relevant clinical work, in the judgment of the employer, with vulnerable individuals, specifically people who are homeless, who have substance use disorders, and/or who have been in conflict with the law is preferred.

Professional Affiliation: Current Registration with the College of Nurses of Ontario.

Knowledge:

- In-depth knowledge of major mental illness from a bio-psychosocial perspective, knowledge of substance use disorders and treatments
- Comprehensive knowledge of current pharmacology, psychotropic medications, their impact and complications, administration of psychotropic medications
- Up to date knowledge of relevant mental health and nursing policy, legislation and regulation
- Comprehensive knowledge in the functions and principles of case management and the rehabilitations principles of psycho-social rehabilitation
- Knowledge of community based and hospital in-patient/out-patient resources
- Demonstrates specific knowledge of health issues and of social problems associated with psychiatric disabilities, poverty, and the impact of mental illness on functional capacity

Skills:

- Ability to establish positive and supportive relationships with clients
- Ability to conduct comprehensive functional assessments that identify the client's needs and determine interventions and services required to respond to the unique needs and preferences of the client
- Ability to advocate for individuals within the Mental Health, Criminal Justice, and Social Service systems
- Ability to represent CMHA concerning issues of mental health on outside committees
- Ability to work independently in a non-structured environment, including ability to work flexible hours and the ability to work safely without onsite supervision.
- Demonstrated strong belief in a client-directed practice
- Demonstrated non-judgmental attitude toward individuals who choose alternative lifestyles
- Ability to respond appropriately to crisis situations, including suicide interventions
- Ability to maintain client files as required by the program, demonstrates appropriate practices such as time management, confidentiality, and the ability to work according to the College of Nurses of Ontario Standards
- Work experience in Microsoft Office suite environment and/or experience with maintaining electronic client files is a definite asset

Language:

- Bilingual (French/English) essential.

Vehicle:

- Use of a vehicle is essential in meeting the demands of the job.

Application Deadline:

Please submit an application and résumé to **Recruitment at recruitment@cmhaottawa.ca**.

The Canadian Mental Health Association is committed to developing inclusive, barrier-free selection processes and work environments. If contacted regarding this job posting, please advise us if there are any accommodation measures you may require.

Applicants who receive a conditional offer of employment must produce a **Vulnerable Sector Police Records Check**, proof of academic achievement and meet all legal requirements for driving.

We thank all applicants for their interest, however, only those selected for an interview will be contacted.

Canadian Mental Health Association
Ottawa Branch

COMMUNITY SUPPORT SERVICES

JOB DESCRIPTION

JOB TITLE: OUTREACH WORKER

ROLE: To address the housing and support needs of homeless or marginally housed individuals with a serious mental illness

POINT OF REFERRAL: Emergency shelters, individuals living in the community at high risk of becoming homeless.

RESPONSIBLE TO: Program Manager, Mental Health Community Support Services.

KEY TASKS:

1. ASSIST INDIVIDUALS TO ACCESS AND MAINTAIN THE COMMUNITY HOUSING OF THEIR CHOICE:

Addressing the housing and support service needs of individuals includes the following activities:

- Assistance in identifying housing and support needs based upon the wants and needs of the individual.
- Informal counseling in order to establish a supportive relationship and better assess housing and related support needs.
- Assistance with application to housing programs.
- Assistance and liaison with other services needed to secure housing such as financial assistance (GWA/FBA), Supplementary Aid, medical services, legal aid and acting as a supportive escort to service.
- Arranging for support services such as home support, case management, and daily living support, assistance with moving, food banks/meals, and day/drop A in programs required by the individuals to maintain housing.
- Brokering the identified "formal" service needs between the various systems involved with the individual (i.e. mental health system and the legal system).
- Fostering "informal support" to meet identified needs.
- Landlord/Tenant negotiations.

- Availability for follow-up until ongoing support service can be arranged so that housing is maintained and the individual does not return to the emergency shelter system.

2. NETWORKING:

The Outreach Worker is expected to be knowledgeable about and to maintain a working relationship with relevant community and hospital services.

The Outreach Worker is expected to network with other "systems" both formal and informal (family, friends, neighbours) as needed.

3. REFERRAL SERVICES:

The Outreach Worker is expected to help individuals to locate and obtain the resources that will assist them in accessing and maintaining the community housing of their choice.

4. GENERAL ADVOCACY:

The Outreach Worker is expected to be knowledgeable about the rights of individuals and the rules affecting them – Landlord and Tenant Act, financial assistance benefits, the Mental Health Act, the Advocacy Act., etc. This includes supporting individuals through the process of dealing with formal systems such as mental health, legal, medical welfare, etc.

5. SAFETY:

The Outreach Worker will deliver services in a way that maintains their personal safety and the clients' physical, social, cultural and emotional well being. This includes staff developing the appropriate skills and knowledge through ongoing training. The service will comply with specific legislation and standards of practice and relevant policies.

6. WORK EFFECTIVELY AS A TEAM:

The Outreach Worker will participate and contribute towards the effective working of the team and service. Workers will maintain regular participation in team meetings, planning groups and regular staff supervision. Team members will accept joint responsibility for decisions reached by these processes.